





## Recommended Items to Include in a Basic Emergency Supply Kit:

q Water, one gallon of water per person per day for at least three days, for drinking and sanitation

q Food, at least a three-day supply of non-perishable food

q Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both

q Flashlight and extra batteries

q First aid kit

q Whistle to signal for help

q Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place

q Moist towelettes, garbage bags and plastic ties for personal sanitation

q Wrench or pliers to turn off utilities

q Can opener for food (if kit contains canned food)

q Local maps

Through its *Ready Campaign*, the Federal Emergency Management Agency educates and empowers Americans to take some simple steps to prepare for and respond to potential emergencies, including natural disasters and terrorist attacks. Ready asks individuals to do three key things: get an emergency supply kit, make a family emergency plan, and be informed about the different types of emergencies that could occur and their appropriate responses.

All Americans should have some basic supplies on hand in order to survive for at least three days if an emergency occurs. Following is a listing of some basic items that every emergency supply kit should include. However, it is important that individuals review this list and consider where they live and the unique needs of their family in order to create an emergency supply kit that will meet these needs. Individuals should also consider having at least two emergency supply kits, one full kit at home and smaller portable kits in their workplace, vehicle or other places they spend time.



Federal Emergency Management Agency  
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